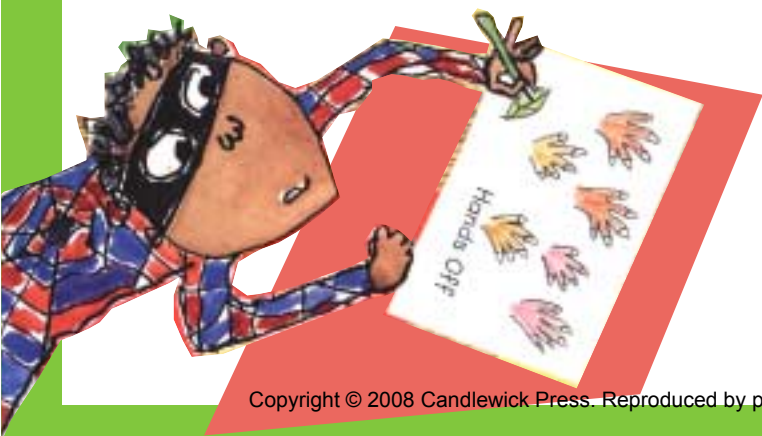


What Can I Do to help the Environment?

Here's a place for you to put down all the things that you and your family are doing (or would like to do) to protect the environment.

Feel free to either write or draw—or both!



Clarice Bean's

5

Favorite Ways to Save

the Planet



Activities inspired
by Lauren Child's
What Planet Are You From, Clarice Bean?,
from Candlewick Press.

1. Recycle. Clarice Bean says recycling is “all about what to do with your old trash, which is absolutely NOT dropping it in the street.” Try this:

- help your family recycle newspapers and magazines, tin cans, and plastic containers
- reuse shopping bags
- use both sides of the paper when you write or draw



2. Keep it clean. Sometimes Clarice Bean's mom runs after people who litter and waves their trash at them. It's very embarrassing. Don't let that happen to you!

- hang a bag inside the car to hold wrappers and other trash until you get home
- when you bring stuff to a park or the beach, take everything with you when you leave

3. Save energy. Clarice Bean's brother Kurt often conserves energy by moping around all day in his room. Here are some better ways to save energy:

- shut off the lights when you leave a room or when you leave the house
- keep the heat turned down in the winter and learn to love wearing a sweater or sweatshirt
- keep the air-conditioner turned down in the summer and learn to love that tropical feeling
- turn off the water when you don't need it—like when you're brushing your teeth



4. Respect wildlife. Clarice Bean's father says she could easily do a science project about her brother Kurt's bedroom and the nature safari that's lurking inside it. Sounds scary! For an easier way to protect animals:

- ask your parents to buy products that haven't been tested on animals
- look for books about endangered species and learn how people are trying to save them

5. Protect growing things. Trees are important because “they stop the earth from running out of air,” and because “they are also like enormous vacuum cleaners sucking up the pollution,” says Clarice Bean. “If we didn't have trees we'd all live in bubbles like spacemen,” she adds. But you don't HAVE to sit up a tree in order to save one. To help protect trees:

- ask your parents to buy recycled paper products, like toilet paper, paper towels, or notebooks
- plant your own tree—and watch it grow!

